

## Segue Center Weekly Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:30	Morning Cafe	Morning Cafe	Morning Cafe	Morning Cafe	Morning Cafe
9:30-10:45	Online Learning or Course Tutoring	Online Learning or Course Tutoring	Online Learning or Course Tutoring	Social Skills & Digital Citizenship	Collaborative Learning Projects
10:45-11:30	Career Prep	Cooking Skills	Independent Living Skills	Career Prep	Collaborative Learning Projects
11:30-12:00	Social Skills	Social Skills	Workplace Social Skills	Reading for Pleasure	Collaborative Learning Projects
12:00-1:00	Lunch	Lunch	12:30 - Community Outing & Lunch	Lunch	
1:00-2:00	Media Literacy	YMCA - Fitness	Community Outing	Independent Living Skills	
2:00-3:00	Independent Living Skills	Music Share	Community Outing	Fitness/ Recreation	
3:00-4:00	Fitness/ Recreation	Independent Living Skills	Media Literacy	Health	
4:00-4:30	Daily Goal Check	Daily Goal Check	Professional Social Media	Daily Goal Check	
4:30-7:00				Happy Hour & Game Night	